

Transcona Minor Hockey Association Conditioning Camp 2009

Transcona Minor Hockey Association would like to invite this season's upcoming hockey players to participate in our Annual Conditioning Camp. Come and have some fun while practicing your hockey skills during this 2 week camp. Get a head start on fitness before tryouts.

Where: East End Arena – Rink #1
Date: August 24th – 28st & August 31 – September 4th Monday – Friday (1 hour per day)
Cost: \$ 120 per player for 10 hours on-ice instruction (cost includes jersey)
 \$100 per player for 14 – 17yr **4 x 4 Camp (jersey not included)**
Contact: Mari-Ann at mtrwalsh@shaw.ca for more information.
7 & under 5:15 p.m. – 6:15 p.m. **11 – 13 yrs** 7:45 p.m. – 8:45 p.m.
8 – 10 yrs 6:30 p.m. – 7:30 p.m. **14 – 17 yrs** 9:00 p.m. - 10:00 p.m. **(4 x 4 Camp)**

All registered/paid up goalies will receive an extra 3 hours of on-ice instruction (TBA)

As the camp fills up very quickly, please secure your spot by sending in the registration form and current dated cheque to the postal box listed below.

NOTE: We are no longer mailing out this registration form, feel free to pass it along or have them visit our website. www.transconaminor.ca

(Retain the top portion for dates and times)

.....
Registration Form

Player Name: _____	Date Of birth: _____
Last First	MM/DD/YY
Address: _____	Postal Code: _____
Phone: _____	Player Position: _____
Parent's Name: _____	
(Person's name to whom receipt will be issued)	
Email Address: _____	

Are you willing to volunteer your time on the ice for a minimum of 5 hours?

Yes _____ No _____

Mail registration form and **current dated cheque** payable to **Transcona Minor Hockey Association** or **TMHA** to:

TMHA
 P. O. Box 62077
 Winnipeg, MB R2C 0C0

Waiver of responsibility and parent consent in consideration of admission of my child to TMHA Conditioning Camp. I authorize and agree that the organizers and any representatives, will not be responsible for any and all claims, demands and suits which may arise as a result of any accident, injury, loss or damage. Having read the above, I understand the contents.

Parents Signature: _____ Date: _____

(Official Fitness Tax Credit receipt will be issued on the 1st day of camp for children 15 and under)